

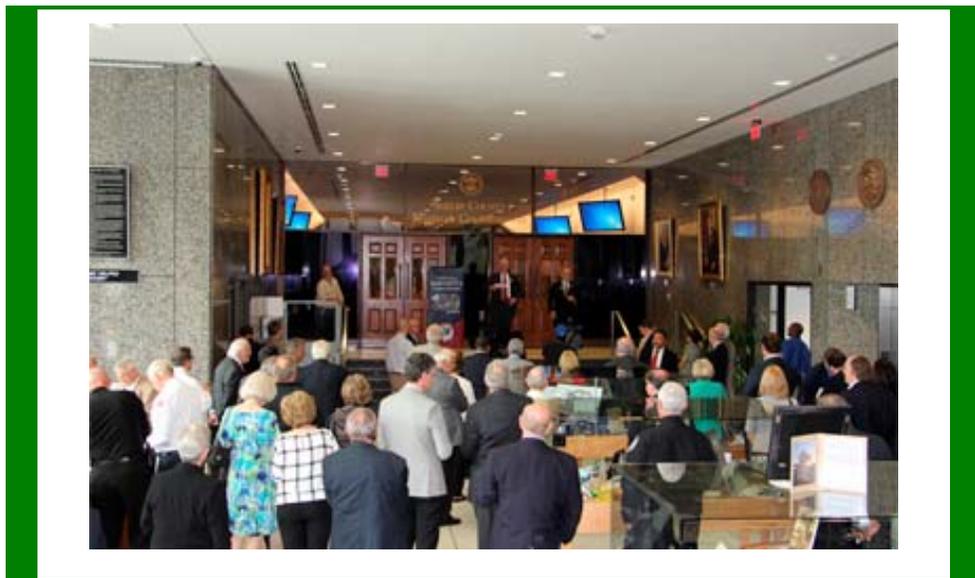
COUNTY LINES

SHELBY COUNTY, TENNESSEE

VOLUME VIII

ISSUE 4, APRIL 2016

Celebrating Bartlett's Sesquicentennial 150 Years!



Mayor Luttrell celebrated with the Mayor of Bartlett , Keith McDonald and some of the residents Bartlett's sesquicentennial 150 years!



Story Contributors:

Mayor's Staff, Cover Photo

Mayor's Photo Gallery

Olliette Murray– Family Safety Center

Chamayne Shaw—Human Resources

JoAnn Cole– Retiree's

Laviette Crutchfield–

Promotions

Steve Shular–

Director of Communications



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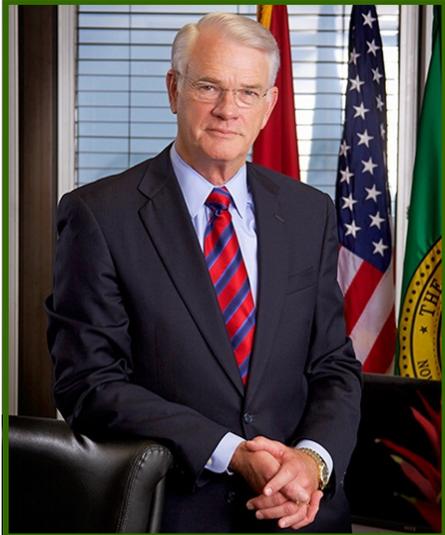


COUNTY LINES

VOLUME VIII

ISSUE 4, APRIL 2016

Greetings from the Mayor Mayor Luttrell on the Move...



Mayor Luttrell pictures with bowlers from Bank of Bartlett at 2016 Otis L. Sanford Bowl-for-HER Bowl-a-Thon benefiting homeless and needy women and children.



April 4th Foundation 16th Annual Awards Reception. Mayor Luttrell, Van Turner with his wife Tamara Turner.

This April has included no shortage of rainshowers, but the season comes with blossoming life in our community as the leaves have returned in full and the seasonal flowers decorate our workplaces, homes, and public spaces. Take a moment to appreciate the lush trees and greenery of our communities.

April 4th comes each year as a reminder of great tragedy turned to perseverance and civic justice. Although the great Dr. King was lost to us that fateful day nearly fifty years ago, his memory and mission live on through the April 4th events. I urge everyone to reflect on the both the historic significance of the day.

April sets the stage for that famous time of the year in Shelby County, Memphis in May. It was my great pleasure to represent our community to meet with our Ambassador to Canada, the Honorable Bruce Heyman. As our nation's appointed liaison to both the country's and Shelby County's most significant trade partner, it was a great opportunity to show him how important building relationships across borders can move forward our mission to build a stronger local economy.

I hope everyone is geared up and ready for Memphis in May and celebrating such an important partner as Canada!



48th Annual April 4th Commemoration Program. Mayor Luttrell at Civil Rights Museum.



Memphis In May celebrates Canada International Gala- Mayor Luttrell, David Lenoir, and Phil Trenary.



APRIL 2016 NEW HIRES

EMPLOYEES'S NAME

DEPARTMENT

POSITION

STEPHEN S. M^CHUGH

ASSESSOR'S OFFICE

APPRAISER

MELISSA L. HARRIS

ATTORNEY GENERAL'S OFFICE

ATTORNEY I

MARCIA R. BOYD

CODE ENFORCEMENT

MISCELLANEOUS TEMP

LARRY O. JOHNSTON

CODE ENFORCEMENT

PLUMBING INSPECTOR

RAMON ALVARADO

CONSERVATION

GOLF COURSE ATTENDANT

FRANKLIN J. RIGGINS

CONSERVATION

GOLF COURSE ATTENDANT

SHERRI S. HOUSTON

COUNTY CLERK'S OFFICE

CLERICAL SPECIALIST

EDWARDYINE AYERS

ELECTION COMMISSION

ELECTION COMMISSION WORKER

RUTHIE M. BOYCE

ELECTION COMMISSION

COMMISSION WORKER

BILLIE SCOTT

ELECTION COMMISSION

ELECTION COMMISSION WORKER

ANGELA C. TOWNSEND

FINANCE DEPARTMENT

ACCOUNTING TECHNICIAN

TRACEY D. OLIVER

FIRE DEPARTMENT

DISPATCHER

TARA D. TATE

GENERAL SESSIONS CRIMINAL COURT

MISCELLANEOUS TEMP

JENNIFER J. ZAMORA

GENERAL SESSIONS CRIMINAL JUDGE

COUNSELOR A

ANNA L. CHISM

HEALTH DEPARTMENT

MISCELLANEOUS TEMP

WILLIE CRUTCHER

HEALTH DEPARTMENT

FOREMAN I

MELANIE DRAKE -RITTMAN

HEALTH DEPARTMENT

CLERICAL SPECIALIST

PATRICK D. EPPS

HEALTH DEPARTMENT

FOREMAN I

GERETTA D. HOLLINS

HEALTH DEPARTMENT

PUBLIC HEALTH COORDINATOR

JERMAINE K. HUGHEY

HEALTH DEPARTMENT

LABORER

LEQUESHA M. JEFFERSON

HEALTH DEPARTMENT

SOCIAL WORKER A

MONA E. JONES

HEALTH DEPARTMENT

PUBLIC HEALTH NURSE

MARSHA L. MCKINNIE

HEALTH DEPARTMENT

FOREMAN I

LARRY G. MCMILLEN

HEALTH DEPARTMENT

FOREMAN I

BRODRICK S. MOORE

HEALTH DEPARTMENT

FOREMAN I

DINDA PIERRE-NOEL

HEALTH DEPARTMENT

FOREMAN I

EZRA RANDOLPH

HEALTH DEPARTMENT

FOREMAN I

VICTOR K. ROCKWELL

HEALTH DEPARTMENT

FOREMAN I

MABLE A. SCOTT

HEALTH DEPARTMENT

MEDICAL ASSISTANT

MARIUS L. SCOTT

HEALTH DEPARTMENT

MISCELLANEOUS TEMP

ADRIANNA T. SHARKEY

HEALTH DEPARTMENT

FOREMAN I

BRANDON A. SMITH

HEALTH DEPARTMENT

ENVIRONMENTALIST

LAKESHA R. STEWART

HEALTH DEPARTMENT

CLERICAL SPECIALIST

BRETT D. STOKES

HEALTH DEPARTMENT

TRUCK DRIVER I

ROY L. WASHINGTON JR.

HEALTH DEPARTMENT

FOREMAN I

EUREKA S. WASHINGTON

HEALTH DEPARTMENT

MEDICAL LABORATORY TECHNICIAN

MINNIE M. PRUITT

JUVENILE COURT CLERK'S OFFICE

DEPUTY COURT CLERK

JAMES B. CHAPMAN

PARKS

LABORER

MICHAEL G. COSTLEY

PARKS

LABORER

MELVIN B. RIGGINS

PARKS

LABORER

THOMAS R. WARNER

PARKS

LABORER

ELBERT E. EDWARDS, JR.

PUBLIC DEFENDER'S OFFICE

ASSISTANT PUBLIC DEFENDER

GEORGE G. HINES

ROADS

LABORER

MICHAEL D. MASK

ROADS

LABORER

RICHARD K. LEE

SHERIFF'S OFFICE

JAIL PROCESSING ASSISTANT

CHARLES W. OUSLEY

SHERIFF'S OFFICE

SCHOOL CROSSING GUARD

JEANETTE M. OWENS

SHERIFF'S OFFICE

SCHOOL CROSSING GUARD

TOMMY G. PORTER

SUPPORT SERVICES

CUSTODIAL WORKER



APRIL 2016 PROMOTIONS

| EMPLOYEE'S NAME | DEPARTMENT | POSITION |
|------------------------|-----------------------|---------------------|
| Nycole Alston | Sheriff's Office | Appointed Employees |
| William Carver | Roads Department | Foreman A |
| Tori Cooper | Pretrial | Counselor A |
| Shawna Green | County Clerk's Office | Branch Supervisor |
| Anthony Powell | Support Services | Maintenance Helper |
| Charmyn Taylor | Trustee's Office | Tax Collector |
| Shawna Webb | Sheriff's Office | Manager A |
| Andrew Wells | Roads Department | Foreman B |
| Michael Wesley | Health Department | Environmental Lead |



APRIL 2016 RETIREMENTS

| Employee's Name | Department | Employee's Name | Department |
|-----------------------------|--------------------|-----------------------------|--------------------|
| Pamela D. Campbell | Sheriff's Office | Michael W. Lewellen | Sheriff's Office |
| Carla D. Payne Catron | Criminal Court | Gail K. Moore | Finance Department |
| Christopher L. Elion | Assessor's Office | Lucy A. Moore | Sheriff's Office |
| Maxine Harden | General Sessions | Marcia Norris-Daniels | Sheriff's Office |
| Louise R. Horton | Finance Department | Willie F. Porter, Jr. | Assessor's Office |
| Janet L. Gillis | Human Resources | Dennis M. Shands | Codes Enforcement |
| Anita J. Jamison | Corrections | Michelle M. Sneed | Sheriff's Office |
| Clinton Knox, Jr. | Sheriff's Office | Sheila K. Stone | Sheriff's Office |
| Alfonzo D. Lee | Assessor's Office | Chester B. Wrushen | Support Services |



25+ YEARS OF SERVICE

| EMPLOYEE'S NAME | DEPARTMENT | YEARS OF SERVICE |
|------------------------|------------------------------|-------------------------|
| CARLA J. ALLEN | SHERIFF'S OFFICE | 30 YEARS OF SERVICE |
| MICHELLE D. ANDREWS | REGISTER'S OFFICE | 30 YEARS OF SERVICE |
| ELIZABETH J. BENSON | PUBLIC DEFENDER'S OFFICE | 30 YEARS OF SERVICE |
| CHRISTOPHER L. ELION | ASSESSOR'S OFFICE | 30 YEARS OF SERVICE |
| JO ANN GAITHER | SHERIFF'S OFFICE | 30 YEARS OF SERVICE |
| AQUA R. HAMILTON | SHERIFF'S OFFICE | 30 YEARS OF SERVICE |
| SHARON R. HOLMES | SHERIFF'S OFFICE | 30 YEARS OF SERVICE |
| CHARLIE PARHAM | SHERIFF'S OFFICE | 30 YEARS OF SERVICE |
| COLUMBUS PARKER | SHERIFF'S OFFICE | 30 YEARS OF SERVICE |
| WILLIAM E. SMITH | SHERIFF'S OFFICE | 30 YEARS OF SERVICE |
| ELAINE C. TIDWELL | GENERAL SESSIONS CIVIL | 30 YEARS OF SERVICE |
| VICKI R. WILLIAMS | HEALTH DEPARTMENT | 30 YEARS OF SERVICE |
| OPAL D. CRAINE | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| LISA R. CRAWFORD | CIRCUIT COURT CLERK'S OFFICE | 25 YEARS OF SERVICE |
| DAVID E. DENNARD | PUBLIC DEFENDER'S OFFICE | 25 YEARS OF SERVICE |
| TERI D. GIPSON | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| JARVIS T. GIPSON | SUPPORT SERVICES | 25 YEARS OF SERVICE |
| FREDRICK L. HOUSTON | INFO TECHNOLOGIES | 25 YEARS OF SERVICE |
| PAMELA D. JENNINGS | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| IRIS K. JONES | CORRECTIONS | 25 YEARS OF SERVICE |
| PAMELA H. LINDSEY | HEALTH DEPARTMENT | 25 YEARS OF SERVICE |
| TONY C. MASTERS | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| CASSANDRA D. MCGRAW | HEALTH DEPARTMENT | 25 YEARS OF SERVICE |
| KENNETH W. MORGAN | SUPPORT SERVICES | 25 YEARS OF SERVICE |
| PATRICE NORRIS | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| SHIRLEY K. RAY | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| TERRI L. STRONG | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| MICHAEL A. SWIFT | DIRECTOR OF ADMINI & FINANCE | 25 YEARS OF SERVICE |
| SHELIA TAYLOR | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| ARTEGIA C. TAYLOR | SHERIFF'S OFFICE | 25 YEARS OF SERVICE |
| SADIE B. THOMAS | COUNTY CLERK'S OFFICE | 25 YEARS OF SERVICE |
| CATHERINE TRIPLETT | CORRECTIONS | 25 YEARS OF SERVICE |
| LORRAINE WASHINGTON | CORRECTIONS | 25 YEARS OF SERVICE |
| PHILIP W. WILSON | SUPPORT SERVICES | 25 YEARS OF SERVICE |



CONDOLENCES

| EMPLOYEE NAME | DEPARTMENT | NAME OF DECEASED | RELATIONSHIP TO EMPLOYEE |
|----------------------|------------------------|-------------------------|---------------------------------|
| Terry Donald | Office of Preparedness | Chiquita Donald | Wife |
| Robert Parson, Sr. | Health Department | Robert Parson, Jr. | Son |



Learn how to save a life with two simple steps.



When: Wednesday, June 8 @ 10 a.m.

Where: Memphis City Hall 125 N. Main St.

For more information, call 901-248-7963

Did you know that nine (9) out of every ten (10) people, who suffer cardiac arrest, die?

If performed correctly, CPR can double or even triple a cardiac arrest victim's survival rate. The American Heart Association is striving to train as many people possible on two simple steps to Stayin' Alive using the Hands-Only CPR technique.

As part of Cigna's sponsorship of CPR Week in Memphis, the American Heart Association will conduct the Hands-Only CPR training on Wednesday, June 8, 2016, at 10:00 a.m. on the mall, outside of City Hall.

This will be a flash-style training, pre-registration is **NOT** required. Show up at 10:00 a.m. and learn

Hands-Only CPR

in less than a minute.

SAVE A LIFE

LEARN HANDS-ONLY™ CPR





JUNE 25, 2016 • 8AM
SHELBY FARMS PARK

JOIN US

FOR THE 4TH ANNUAL
HEALTHY SHELBY 5K & FESTIVAL

IN ADDITION TO THE 5K, THERE WILL BE A
1 MILE WALK, HEALTH FAIR, DJ, GIVEAWAYS,
AN AWARD CEREMONY, SPECIAL APPEARANCES, AND MUCH MORE!
ALL PROCEEDS WILL BENEFIT HEALTHY SHELBY AND THEIR EFFORTS
TO PUBLICIZE HEALTH CONCERNS AMONG THE COUNTY.



FOR MORE INFORMATION, VISIT
WWW.HEALTHYSHELBY5K.RACESONLINE.COM

**The SCG Employee
Wellness Center is
now OPEN!**



ALL EMPLOYEES SHOULD PREPARE NOW FOR 2017 BENEFITS

WHAT'S REQUIRED?

Employees are required to do 3 things:

1. Complete the Health Risk Assessment by August 31, 2016
2. Complete the Wellness Screening Form by August 31, 2016
3. Elect your benefits during Open Enrollment by November 2016

Shelby County provides 3 healthcare coverage options to all employees.

Eligibility for the HRA Choice or HMO plans requires completion of both the Health Risk Assessment and Wellness Screening form by the deadline listed above.

ATTENTION: ALL EMPLOYEES MUST RE-ENROLL ANNUALLY

Take the Health Risk Assessment online at: www.mycigna.com.

The wellness screening form may be found at: <http://shelbycountyttn.gov/DocumentCenter/View/16234>.

It is the responsibility of the employee to ensure these requirements are met and recorded by CIGNA.

Benefit Harbor will issue an email confirmation of your elections upon completion of enrollment.

If you need assistance, contact the Benefits Office at

HRBenefits@shelbycountyttn.gov.



Yoga May Improve Memory Better Than Brain Training Even more reason to get your 'om' on!

By Rachael Rettner Live Science

Yoga isn't just good for the body; it might help your memory too, a small new study suggests. The study involved 25 adults ages 55 and over who had mild cognitive impairment, or problems with thinking and memory that sometimes precede Alzheimer's disease. The participants were randomly assigned to complete either a three-month course in yoga and meditation, or to practice memory-training exercises, consisting of skills and tricks already known to boost memory.

At the end of the study, the two groups saw similar improvements in their verbal memory, which is the type of memory used when people remember names or lists of words. But those who practiced yoga had bigger improvements in visual-spatial memory, the type of memory used to recall locations and navigate while driving.

The yoga group also saw bigger reductions in their symptoms of depression and anxiety than did the brain-training group.

"Historically and anecdotally, yoga has been thought to be beneficial in aging well, but this is the scientific demonstration of that benefit," study co-author Harris Eyre, a doctoral candidate at Australia's University of Adelaide, said in a statement. "We're converting historical wisdom into the high level of evidence required for doctors to recommend therapy to their patients," said Eyre, who conducted the study with researchers at the University of California, Los Angeles.

The yoga training involved a weekly class in Kundalini yoga, which involves breathing exercises, chanting, meditation, hand movements and visualization of light. Participants in this group were also told to practice a chanting meditation called Kirtan Kriya at home for 20 minutes each day.

The group that did the memory-training exercises participated in weekly sessions to learn skills to boost their memory, such as learning how to associate certain images or words with people's faces and names to remember them better.

Both groups also showed changes in their brain activity that reflected improvements in memory, the researchers said.

The type of yoga practiced in the study may improve memory because it involves chanting and visualizations, which may strengthen certain verbal and visual skills, and also improve overall awareness and attention. It's also thought that practicing yoga may increase the production of a protein called brain-derived neurotrophic growth factor, which stimulates the growth of connections among neurons.

However, because the new study was small, more research is needed in larger groups of people to confirm the findings.



Vitamin B12 Deficiency

Symptoms of Vitamin B12 Deficiency

A deficiency of vitamin B12 can lead to anemia. A mild deficiency may cause no symptoms. But if untreated, it may progress and cause symptoms such as:

- Weakness, tiredness, or lightheadedness
- Heart palpitations and shortness of breath
- Pale skin
- A smooth tongue
- Constipation, diarrhea, a loss of appetite, or gas
- Nerve problems like numbness or tingling, muscle weakness, and problems walking
- Vision loss
- Mental problems like depression, memory loss, or behavioral changes.

If you think you have symptoms of vitamin B12 deficiency, you can ask your doctor for a blood test.

Infants who are born to vegan mothers and exclusively breast-fed are at risk for anemia, developmental delays, weakness, and failure to thrive.

Treatment for Vitamin B12 Deficiency

If you have pernicious anemia or a problem with its absorption, you'll need to replace vitamin B12 by injection initially and then continued injections, high doses of an oral replacement, or nasal therapy for life.

If the issue is that you don't eat animal products, you can change your diet to include vitamin B12-fortified grains, a supplement or B12 injections, or a high-dose oral vitamin B12 if you are deficient.

The elderly should take a daily B12 supplement or a multivitamin that contains B12.

For most people, treatment resolves the problem. But any nerve damage that happened due to the deficiency could be permanent.

Preventing Deficiency Problems

Most people can prevent vitamin B12 deficiency by eating enough meat, poultry, seafood, dairy products, and eggs.

If you don't eat animal products, or you have a medical condition that limits how well your body absorbs nutrients, experts recommend taking a B12-containing multivitamin and eating breakfast cereal fortified with vitamin B12.

If you're using vitamin B12 supplements, let your doctor know, so he or she can make sure they won't affect any medicines you're taking.

MEMPHIS SAYS

NO MORE

TOGETHER WE CAN END DOMESTIC VIOLENCE & SEXUAL ASSAULT

www.MemphisSaysNOMORE.com

Rape is wrong. Battering must end.
Break the silence. Report violence.

Get help for yourself or those around you.

MemphisSaysNOMORE.com

Victims of domestic violence do have rights. No one deserves to be battered or abused. You can get help for yourself and your children or for friends, coworkers and relatives.

CALL TODAY

| | | |
|--------------------------------------|--|--|
| Family Safety Center 901-222-4400 | Exchange Club Family Center 901-276-2200 | YWCA Domestic Violence Crisis Hotline 901-725-4277 |
|--------------------------------------|--|--|

Rape is a crime: Sexual contact without consent is against the law.
To report rape, call 901-545-2677.
For information on your rape case, call the MPD Hotline at 901-636-3438.
For the Rape Crisis Center, call 901-222-4350 or visit 1750 Madison Avenue.
For children 13 and under, call the Memphis Child Advocacy Center at 901-525-2377.

TOGETHER WE CAN
END DOMESTIC VIOLENCE
& SEXUAL ASSAULT



About Shelby County

Shelby County was established in 1819. It is the state's largest county both in terms of population and geographic area. Its county seat is Memphis. It is part of the Memphis Metropolitan Statistical Area, which comprises eight counties in the three states of Tennessee, Mississippi, and Arkansas. Shelby County was named for Governor Isaac Shelby (1750-1826) of Kentucky.

Shelby County is governed by a mayor-commissioner form of government under a Home Rule Charter that went into effect on September 1, 1986. Each serves a 4-year term. Together, the administration and the Board of County Commissioners are responsible for governing the most populous of Tennessee's 95 counties.

The county's personnel staff of approximately 6,270 people have the direct duty of providing services for 910,100 citizens according to the 2007 estimated census data.

Mark H. Luttrell, Jr., was elected as Shelby County Mayor on August 5, 2010.

Shelby County Government

Mayor's Office

160 North Main Street

Memphis, Tennessee 38103

Phone: 901-222-2000

Fax: 901-222-2005

E-mail: Newsletter@shelbycountyttn.gov

Please submit stories, comments, and questions to

Theresa Hill 901 222-2013

Published by Theresa Hill

WE ARE ON THE WEB!
WWW.SHELBYCOUNTYTN.GOV

Shelby County Information Technology Services

Cybersecurity Information Sharing Act of 2015

We've all heard talk of the Cybersecurity Information Sharing Act, but what does it really mean? We hope that this newsletter is a quick cheat sheet that highlights the key takeaways, as well as provide resources for additional information if you'd like to conduct a deeper dive into the topic.

The Basics

President Barack Obama signed the Cybersecurity Information Sharing Act of 2015 (CISA) into law on December 18, 2015, as Division N of the Consolidated Appropriations Act of 2016. While there are four cyber components to Division N, CISA arguable has some of the most far-reaching implications as it authorizes cybersecurity information sharing between and among the private sector; state, local, tribal, and territorial governments; and the Federal Government.

The term cyber threat information, as referenced in the Cybersecurity Information Sharing Act of 2015, is made up of the following:

- Cyber Threat Indicator – information that is necessary to describe or identify: malicious reconnaissance; a method of defeating a security control or exploitation of a security vulnerability; a security vulnerability; a method of causing a user with legitimate access to an information system or information that is stored on, processed by, or transiting an information system to unwittingly enable to defeat of a security control or exploitation of a security vulnerability; malicious cyber command and control; the actual or potential harm caused by an incident, including a description of the information exfiltrated as a result of a particular cybersecurity threat; any other attribute of a cybersecurity threat, if disclosure of such attribute is not otherwise prohibited by law; or any combination thereof.
- Defensive Measure is defined as an action, devices, procedure, signature, technique, or other measure applied to an information system or information that is stored on, processed by, or transiting an information system that detects, prevents, or mitigates a known or suspected cybersecurity threat or security vulnerability.

What does it mean?

CISA details how public and private entities share cyber information and establishes provisions for the information's protection, including the protection of personally identifiable information (PII). Specifically it:

- requires the federal government to release periodic best practices. Entities will then be able to use the best practices to further defend their cyber infrastructure.
- identifies the federal government's permitted uses of cyber threat indicators and defensive measures, while also restricting the information's disclosure, retention and use.
- authorizes entities to share cyber threat indicators and defensive measures with each other and with DHS, with liability protection.

protects PII by requiring entities to remove identified PII from any information that is shared with the federal government. It requires that any federal agency that receives cyber information containing PII to protect the PII from unauthorized use or disclosure. The U.S. Attorney General and Secretary of the Department of Homeland Security will publish guidelines to assist in meeting this requirement.