



What a GREAT way to kick off Public Health Week!!!! Excellent turnout for Yoga today!

Want the moves like Jagger (Mick that is...)??

Want to dance like MC Hammer? Beyonce? Or even Memphis' own Justin Timberlake???

Meet us **TUESDAY** for



!!!!!! FREE Class will begin **PROMPTLY** at 12 p.m. in the Health Science Park. If ground is wet, class will be inside the UTHSC Student Alumni

Center gymnasium, directly across the street at 800 Madison.

****Bring those tennis shoes and workout clothes so**



you can learn a few moves**

Physical activity is an important ingredient when living a healthy lifestyle!

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