



News from the Shelby County Mayor's Office
Mark H. Luttrell, Jr., Mayor
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Mayor Luttrell Continues *Family Life Series*

Shelby County Mayor Mark H. Luttrell, Jr.'s, *Family Life Series* continues next week in south Memphis at Pilgrim Rest Missionary Baptist Church, 1482 Pillow Street.

"These meetings will acquaint citizens with important resources provided by Shelby County Government," said Mayor Luttrell.

"Our goal at Pilgrim Rest Missionary Baptist Church is to partner with Shelby County Government to promote a healthier lifestyle to our congregation and our community," said Dorothy Green, program chairperson.

The four week series will be presented on Tuesdays at 6 p.m.:

- **June 3rd** – The Effects of Obesity - Shelby County Health Department/Shelby County Government Wellness Coordinator
- **June 10th** – Healthy Cooking & Lifestyles - Shelby County Health Department
- **June 17th** – Obesity & the Linkage to Family History - Shelby County Health Department in partnership with the Church Health Center
- **June 24th** – Exercise & Movement - Shelby County Health Department in partnership with the United States Navy Physical Readiness Program

Mayor Luttrell's *Family Life Series* is available to any faith-based organization or community group. To schedule the series, call the Shelby County Public Affairs Office at (901) 222-2322.

(End of Release)