



## **News from the Shelby County Mayor's Office**

**Mark H. Luttrell, Jr., Mayor**

11<sup>th</sup> Floor, 160 North Main, Memphis, Tennessee 38103

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Public Information Officer: Steve Shular

[Steve.shular@shelbycountyttn.gov](mailto:Steve.shular@shelbycountyttn.gov)

Office (901) 222-2047, Cell (901) 359-5117, Fax (901) 222-2005

**July 30, 2014**

**Mayor Luttrell's 5k and Festival Nets Proceeds for *Healthy Shelby* Initiative**



Shelby County Mayor Mark H. Luttrell, Jr., will present a check for \$ 21,720 to the *Healthy Shelby Community Collaborative* this week. The money was raised at *Mayor Luttrell's Second Annual 5k* which was held on June 28<sup>th</sup> at Shelby Farms Park.

Mayor Luttrell will make his presentation to representatives from the *Common Table Health Alliance Executive Committee* and *Healthy Shelby Governance Board* on Thursday, July 31<sup>st</sup>, 11:00 a.m., 2<sup>nd</sup> floor conference room, 160 North Main Street.

**"Proceeds from this year's race will go to support awareness programs about hypertension, a disease that affects approximately 250,000 citizens in our community,"** said Mayor Luttrell.

*Healthy Shelby* is a multi-stakeholder initiative comprised of community partner organizations and managed by the *Common Table Health Alliance*.

**"It's vital we get these important messages to our citizens to help them prevent strokes and other medical conditions caused by high blood pressure. We thank Mayor Luttrell for supporting this life-saving work,"** said Renee Frazier, CEO of *Common Table Health Alliance*.

*Healthy Shelby* partnering organizations meet routinely to create and advance a regional health agenda with three focus areas: infant mortality, chronic disease and advance care planning.

**"This year's focus on hypertension will go a long way to help raise awareness of this medical condition and help citizens in our community begin to change their diets,"** added Dr. Kenneth Robinson, Chairman of *Healthy Shelby*.

(End of Release)