



It's that time of the year.....flu season is upon us.

For your convenience, the Shelby County Health Department has put together an Influenza (flu) [FAQ document](#) for you to disseminate and post at your organization.

2 Things to Remember....

✓ **GET YOUR FLU SHOT!**

✓ **WASH YOUR HANDS OFTEN WITH SOAP AND WATER!**

As always, for more information, you are encouraged to like the Shelby County Health Department on Facebook (www.facebook.com/ShelbyTNHealth) and follow on Twitter (www.twitter.com/ShelbyTNHealth).

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