



Shelby County, TN

Office of Preparedness HLS/EMA



Bob Nations, Jr., Director
Shelby County Office of Preparedness
Homeland Security/Emergency Management

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Excessive Heat Warning

Temperatures are expected to hover at or near 100 degrees for the next few days. The heat index, which is the temperature coupled with the humidity level, will make it feel even hotter.

“Citizens without a way to stay cool should go to a mall, library, community center or other public building. Additionally, people need to check on the elderly and those who live alone to make sure they’ve not been affected by the heat,” said Bob Nations, Jr., Director of the Shelby County Office of Preparedness.

The Shelby County Office of Preparedness stays in contact with the National Weather Service and various community agencies, especially those who assist the homeless.

“Right now, we’re simply urging people to stay aware of the predicted temperatures and seek any place necessary to cool down, which could be as simple as the shade of a tree or front porch,” add Director Nations. Here are some additional tips to help you stay cool:

- Drink plenty of cool fluid, especially water; avoid alcohol and caffeine
- Wear appropriate clothing
- Limit outdoor activities during the hottest times of the day
- Never leave anyone in a car, especially children and the elderly

For more information, contact Director Nations at (901) 515-2525.

(End of News Release)

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