



LEE HARRIS  
MAYOR

# SHELBY COUNTY HEALTH DEPARTMENT

ALISA R. HAUSHALTER, DNP, RN, PHNA-BC  
DIRECTOR

BRUCE RANDOLPH, MD, MPH  
HEALTH OFFICER



**Public Health**  
Prevent. Promote. Protect.

FOR IMMEDIATE RELEASE  
Date: September 18, 2019

CONTACT: Joan Carr  
Office: (901) 222-9010  
Cell: (901) 691-5704

## FLU VACCINE AVAILABLE AT PUBLIC HEALTH CLINICS SEPTEMBER 23, 2019

SHELBY COUNTY, TN – On Monday, September 23, 2019, the Shelby County Health Department will begin offering influenza vaccine at the Immunization Clinic at 814 Jefferson and at all six public health clinics located around Shelby County.

Influenza can cause serious illness and even death among persons who are otherwise healthy. Each year, tens of thousands of deaths are attributed to influenza. There were an estimated 80,000 deaths in the United States last flu season, and 160 deaths due to flu in Tennessee during the 2018-2019 flu season.

Vaccination against the influenza virus is recommended for anyone over the age of 6 months. Everyone is at risk, especially during influenza season, which usually runs from October to May each year, with the most cases in our region usually reported in February.

Certain groups of people are especially vulnerable to influenza and are strongly advised to get the vaccine:

- Children younger than 5 years of age –especially those younger than 2 years old– are at high risk of serious flu-related complications. The flu vaccine can protect them from the flu virus and prevent them from spreading it to others.
- Women who are currently pregnant or plan to become pregnant during the flu season are at increased risk of flu complications and should get the vaccine.
- Caregivers of children age 5 and younger and household contacts and caregivers of adults with medical conditions that put them at increased risk.
- The flu vaccine is especially recommended for people with certain health conditions including:
  - Chronic lung diseases, including asthma
  - Heart disease
  - Diabetes
  - Immunosuppression due to medication or illness
  - Obesity

### Mission

*To promote, protect and improve the health and environment of all Shelby County residents.*

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814 Jefferson Avenue ♦ Memphis, TN 38105 ♦ 901 222-9000 ♦ [www.shelbytnhealth.com](http://www.shelbytnhealth.com)

Getting a flu shot also helps protect those in our community who can't get the vaccination, such as babies under 6 months of age and people with a severe allergy to the vaccine.

The flu vaccine will be available at all Shelby County Health Department clinics listed below starting on **Monday, September 23, 2019**, during the hours of 9:00 a.m. and 3:30 p.m. at most locations. Note: the Collierville clinic is only open on Tuesday and Thursday. No appointment is necessary at any of these public health clinics.

**Cawthon Public Health Clinic**

1000 Haynes, 38114

**Collierville Public Health Clinic (Tuesday and Thursday, 9:00 a.m. – 3:30 p.m.)**

167 Washington St., 38017

**Hickory Hill Public Health Clinic**

6590 Kirby Center Cove, 38118

**Immunization Clinic**

814 Jefferson, Rm. 216, 38105

**Millington Public Health Clinic**

8225 Highway 51 North, 38053

**Shelby Crossing Public Health Clinic**

6170 Macon Road, 38133

**Southland Mall Public Health Clinic**

1287 Southland Mall, 38116

For more information about influenza and the flu vaccine, visit our website:

[www.shelbytnhealth.com](http://www.shelbytnhealth.com).

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